

SUNDAY LUNCH



SUNDAYS..

SLEEP UNTIL YOU'RE HUNGRY,
THEN EAT UNTIL YOU'RE SLEEPY



01752 220167

www.thepenguinlounge.co.uk

TO START

Soup of the day served with warm crusty bread (gf*)	4.95
Garlic Mushrooms creamy garlic mushrooms, on ciabatta toast	4.95
Salt and Pepper Calamari served with a homemade aioli dip and fresh lemon	5.45
Spring rolls chicken and vegetable spring rolls, bang bang sauce	5.45
Penguin trio single share	4.95 6.95
olives, grilled halloumi, chorizo (gf)	

CHEF'S MAINS

Sunday Roast roasted potatoes, seasoned braised greens, honey roasted parsnips, roasted chantenay carrots, cauliflower cheese, yorkshire pudding, gravy - Meats vary weekly	10.90
Nut Roast home-made nut roast, served with the above roast trimmings, vegetarian gravy (v)	10.90
Local Fish of the day in a light Tribute batter, hand cut chips, crushed peas, tartar sauce, fresh lemon	10.90
Honey Mustard glazed home cooked Ham free range eggs, hand cut chips gf*	9.90
Butcher's Cumberland sausage creamy parmesan mash, cider jus, seasonal buttered vegetables	11.20
Gnocchi tomato and basil sauce, tossed spinach, roasted cherry tomatoes, parmesan cheese (v) + chicken or prawns £3.00	9.90
Pan Roasted Fish of the day buttered new potatoes, lemon and caper sauce, seasonal buttered vegetables (gf)	12.90
Classic Penguin burger homemade beef patty, butcher's bacon, cheddar cheese, tomato burger relish, side of fries (gf*)	10.95
Maverick burger homemade lamb burger, grilled halloumi, tzatziki dressing, side of fries (gf*)	11.95
Pablo burger pir piri marinated chicken breast, chorizo, tomato and sriracha mayonnaise, side of fries (gf*)	11.95
Chicken breast burger chef's breaded chicken breast, monterey jack cheese, mayonnaise, side of fries (gf*)	10.95

(v) vegetarian

(gf) gluten free

(gf*) gluten free option available